Texas Minimum Standards Quiz

Please refer to the excerpted sections of Minimum Standards provided by your trainer to find these answers.

To view the entire document, visit the website of the Texas Department of Family & Protective Services: www.dfps.state.tx.us

Name: _______________________________________ Today’s Date: ___________________

Subchapter D, Personnel

1. Every employee has five general responsibilities. The first of these is to:

Demonstrate ________________, ________________, and ________________ in the presence of children and when performing assigned responsibilities

2. Caregivers have 11 additional responsibilities. Please list the three that are given a “High” weight.

_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

3. Supervising children at all times means that the assigned caregiver is _____________________ for each child’s care. This includes responsibility for the ________________ awareness, physical ________________, and ___________________ of ___________________ requirements and each child’s ________________

4. Each caregiver must obtain at least ________________ clock hours of training each year

Subchapter E, Child/Caregiver Ratios and Group Sizes

Match the age groups below with the number of children one teacher my supervise

5. __________ 0 – 11 months a) 5
6. __________ 12 – 17 months b) 11
7. __________ 18 – 23 months c) 9
8. __________ 2 years d) 4
9. __________ 3 years e) 22
10. __________ 4 years f) 18
11. __________ 5 years g) 15
12. __________ 6 – 13 years h) 26

13. In which of the below scenarios is the teacher out of legal ratio?
a. A group of 14 children: 5 are 2 years old & 9 are 3 years old
b. A group of 8 children: 5 are 15 months old & 3 are 22 months old
c. A group of 4 children: 1 is a 4 months old & 3 are 8 months old
d. A group of 24 children: 5 are 7 years old & 19 are 12 years old

14. Naptime ratios are reduced by 50% only for children 18 months and older
   a. True
   b. False

Subchapter F, Developmental Activities and Activity Plan

15. Teachers must provide __________________ activities designed to meet the____________________ needs and ________________________ level of each child

16. Children under the age of 2 can watch educational DVDs while in our school
   a. True
   b. False

17. Children over the age 2 can watch educational DVDs
   a. When age-appropriate
   b. When are related to the planned activities
   c. When are in Spanish
   d. When is authorized by the school director
   e. All of the above

Subchapter H, Basic Care Requirements for Infants
(Ages 6 weeks – 18 months)

18. What are the basic care requirements for infants? Please list two standards that are weighted “High”

______________________________________________________________________________
______________________________________________________________________________

What activities must I provide for infants? Please match the type of activity to the appropriate example:

19. ______ Visual Stimulation a) Soothing music
20. ______ Auditory Stimulation b) Shaking Toys
21. ______ Sensory Stimulation c) Soft, washable books & toys
22. ______ Small-muscle development d) Lightweight balls
23. ________ Large-muscle development  e) Textured toys

24. What are the specific requirements for feeding infants? Please list three things you must never do when feeding infants:

____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

Subchapter I, Basic Care Requirements for Toddlers
(Ages 18 months – 35 months)

25. If training cups are used, what are the two guidelines that must be followed?

____________________________________________________________________________
____________________________________________________________________________

What activities must I provide for toddlers? Please match the type of activity to the appropriate example:

26. ________ Thinking skills & sensory development a) Sorting Toys
   b) Simple games that encourage running

27. ________ Small – muscle development c) Art easel

28. ________ Large – muscle development d) Low-climbing structures

29. ________ Active play e) Pictures of familiar items & places

30. ________ Language Development f) Washable dolls

31. ________ Social / Emotional Development g) Hand-washing

32. ________ Self-help Skills

Subchapter J, Basic Care Requirements for Pre-Kindergarten Age Children
(Ages 3 to 5)

33. Caregivers must provide pre-kindergarten age children _________________ attention and encourage children to _________________ and _________________ feelings in _________________ ways.

34. Which is NOT true of the interest centers in a classroom for pre-k age children?
   a. Arranged so the children’s activities are visible to the caregiver
   b. Organized for independent use by children
   c. Clearly defined
   d. Supplied with only one of each type of material so children learn to share

Subchapter K, Basic Care Requirements for School Age Children
35. School Age programming must include the following:
   1. _____________attention from and ________________with adults:
   2. ________________ care routines appropriate to each child’s ________________needs;
   3. ________________ Programming according to ages, ________________and abilities of the children;
   4. A caregiver who is ________________ of the arrival and ________________ of each child

Subchapter L, Discipline & Guidance

36. Discipline must be all of the following EXCEPT:
   a. Appropriate to the child’s level of understanding
   b. Directed toward teaching the child acceptable behavior & self – control
   c. Administered in a loud voice
   d. Individualized & consistent for each child

37. A caregiver may only use ________________ methods of discipline & guidance that encourage self- _____________, self- _____________ and self- _____________

Please complete the following statements to find definitions of appropriate methods of guidance:

38. ______ Use praise & encouragement of good behavior a) by using clear, positive statements
   b) positive statements

39. ______ Remind a child of behavior expectations daily c) instead of focusing only upon unacceptable behavior

40. ______ Redirect behavior using d) when appropriate for the child’s age &

41. ______ Use brief supervised separation from the group

Subchapter M, Naptime

42. Naptime must be at least three hours long each day
   a. True
   b. False

43. All children are required to sleep during naptime
   a. True
   b. False

44. I must provide alternate activities for children who are awake after one hour
45. When arranging nap mats, what is the most important thing to keep in mind? (Hint: Look for standards with a “High” weight)

_____________________________________________________________________________________
_____________________________________________________________________________________

Subchapter Q, Nutrition & Food Service

46. Drinking water must always be ________________ to children, and must be ________________ at every ________________ and after ________________ play in a safe and sanitary manner

47. Food must never be used as a reward or punishment

a. True
b. False

Subchapter R, Health Practices

Please place the steps of the sanitizing process in the correct order.

48. ________________ (1) a) Wash with water & soap
49. ________________ (2) b) Allow to air dry
50. ________________ (3) c) Soak in or spray on a disinfection solution
51. ________________ (4) d) Rinse with clear water

52. Please list four times you should always wash your hands:

1. _____________________________________________________________
2. _____________________________________________________________
3. _____________________________________________________________
4. _____________________________________________________________

53. Please list three times you should ensure your students wash their hands:

1. _____________________________________________________________
2. _____________________________________________________________
3. _____________________________________________________________
54. If a child is afraid of the sink, it is acceptable to allow her to use hand sanitizer or a wet wipe instead of washing her hands.
   a. True
   b. False

55. In order to prevent the spread of germs when diapering children,
   a. You must __________________ your hands
   b. You must wash the __________________ hands or see that the __________________ hands are washed
   c. If you use disposable __________________, you must________________________ them after each diaper change and ________________________________
   d. Caregivers with open wounds and / or any ______ that ______________ handwashing must not change diapers
   e. You must __________________________ the diaper-changing surface after __________________________ use
   f. You must __________________________ containers used for soiled diapers.

56. Choose the scenario in which you would NOT exclude a child from attendance:
   a. Mary’s mom took her to the doctor this morning, and the doctor said she has pink eye
   b. Joel’s dirty diapers have been little lose today
   c. Sierra’s temperature under the arm is 100.5. She’s been lethargic all day.
   d. Malcolm has vomited twice since lunch

57. I feel comfortable with my knowledge of minimum standards regulations.
   a. Yes
   b. No

Signature of Employee
___________________________________________________________________